

CICD-U PROGRAMME AREAS

Capacity Building and Community Trainings

In order to execute her mandate effectively, CICD-UGANDA is committed to working towards improving on the identified weak organisational areas. In particular, CICD shall prioritize strengthening and resourcing her most important assets; the staff, members and beneficiaries. Efforts are directed to increase enrolment and participation of members, and draw more skills that can be used to advance CICD's agenda. To improve her visibility and programming, CICD has been strengthening her documentation, policies and M&E systems and capacities. In addition, CICD-U is concerned the quality of life and well being of people in the community. CICD-U engages people in the community proper identification of personal, institutional and community needs and problems such as poverty, diseases, water, domestic violence, ill health to mention but a few. People in the community are engaged on mindset change, co-existence and building alliances for social change and transformation. This is done through family and school visits and engagements, talks in religious and community spaces and gatherings and other avenues using development communication. CICD engages people on cyber spaces through Weekly Community Development Chats on topical issues and in process the discussions guide organisational programming and interventions.

Sustainable Livelihood Development

Having noted the critical role that economic empowerment plays in enhancing the role and status of people in society. The interventions target agro-business entrepreneurs, gold miners, and farmers and school drop outs in the community. CICD initiates and integrates economic empowerment activities in all her programs for socio-economic transformation. CICD is aware and strengthens the importance of food security systems for family stability and building strong communities. This is done strong encouraging people to increase their production levels, land zoning, safe food storage and packaging. People are encouraged to continue embracing fruit growing, apiary, coffee and tea production, fish farming, small scale and artisanal mining. Such programmes target people towards enhancing their status, role and participation in gainful economic activities within the community and creating opportunities for peer to peer learning and experience sharing. Sustainable livelihood development encourages men and women to diversity economic ventures such as sustainable and smart agriculture, value addition, formation of groups, cooperatives, digital financing and links to sustainable markets.

Environment and Community Tourism

Environment education is a key component in sustainable development. Environment protection and conservation measures are cherished in ensuring restoration of ecosystems and biodiversity. Buhweju is endowed with beautiful features, scenery and rich culture that require history preservation. All these are good for community and ecotourism initiatives. Buhweju district is unique with spectacular geographical features and natural assets such as rivers and waterfalls, hot-springs, plateaus, V and U shaped hills and cultural heritage sites such as Buhweju Kingdom. Buhweju borders with Kasyoha Forest Central Reserve and with Area coverage of 433 sq. km. Activities in Kasyoha-Kitomi Forest Reserve include: Forest Walks, Bird

Watching, Sightseeing, Conservation Education, Camping and Community Walks. Buhweju is also near Queen Elizabeth National park and Rubirizi District through Kasyoha Kitomi Forest Reserve. This programme area is aimed at contributing to Sustainable Development Goals 10, 11, 13 and 15. Forests cover 30% of the Earth surface and they help in keeping air and water clean and the earth's climate balance. SDGs aim to conserve and restore the use of terrestrial eco-systems such as forests, wetlands, dry lands and mountains by 2030 (United Nations Development Programme {UNDP}, 2015). CICD-UGANDA recognizes the global and national conservation efforts and tourism sector will contribute to SDGs and change the lives of people in rural areas, conserve environment, preserve culture, and create avenues for trade and community transformation. In order to achieve this, CICD-U initiated Buhweju Ecotourism and Cultural Initiative with activities with annual ecotourism and cultural Festival/ *"Ishaazi rye entunguka ya Buhweju "*, community tourism, unveiling potential tourism sites, environmental education, energy saving alternatives, nature walk, hiking, visit to gold and sand mines, indigenous trees nursery beds and medicinal plants, tree planting cultural and agricultural exhibitions, history preservation and documentation, cultural dances and promotion.

Child Protection and Education (CPE)

The child protection and education program aim at ensuring children wellbeing in the community and protection of their rights by duty bearers. This is done through provision of child protection services, child health care services, ensuring school retention, provision of sponsorship program together with national and international stakeholders. In addition, CICD also makes home visits to families of children and provides them with psychosocial support services and designs socio-economic enterprises together with Orphans and other Vulnerable Children (OVCs) and their caregivers to fight poverty as well as accessing social services. CICD conducts the following; raising awareness on child rights and responsibilities, household economic strengthening, Child protection and case management, child labour protection measures, child nutrition and health care services, school retention & education support and insurance schemes, psycho-social support, talent and music development for children in and out of school in the community.

Community Based Rehabilitation (CBR)

About One billion people, or 15% of the world's population, experience some form of disability, and disability prevalence is higher for developing countries (WHO, 2011). The Uganda Bureau of Statistics Census Report (UBOS, 2016) indicated that 12.4% of the Ugandan population lives with some form of disability implying that approximately 4.5 million Ugandans are persons with disability, hence a development concern. Many people with disabilities do not have equal access to health care, education and employment opportunities, do not receive services they may require and experience exclusion from everyday life activities. That is to say they are denied the opportunity to make decisions about their lives or participate in the community as equal citizens. Cognisant of the unique needs and challenges of

persons with disabilities and older persons in rural communities. CICD-U ensures mainstreaming and inclusion of issues of PWDs and older persons to improve their wellbeing in the community using locally available resources. CICD-U ensures interventions for PWDs and older persons such as early identification and assessment of impairments/disabilities, health screening and SRHR linkages information for PWDs, raising awareness on impairments/disabilities, home based care interventions for PWDs , Older persons and their families , sports engagements for PWDs, economic empowerment, skills development, promotion of the right to education and employment of PWDs, referral to services, assistive devices and technology for PWDs locally made in the community, participation of PWDs and older persons in community development programs.

Primary Health Care

CICD appreciates that a healthier population and community is fundamental for both economic and social development. CICD-U conducts health promotion focusing on prevention of communicable and non-communicable diseases within the community. Health is a core element in our programming and we strive to promote healthy population and communities through; nutrition support, periodic and mobile health screening, Water, Sanitation and Hygiene (WASH) interventions, disability prevention awareness, Sexual Reproductive Health and Rights (SRHR) interventions , referrals while working with health workers and other systems that exist in communities for better outcomes.

Governance, Leadership and Accountability (GLA)

CICD-U is aware of the relation between good leadership, community participation, good governance and poverty eradication in the community. Effective local governance plays an important role in service delivery and community transformation. In this regard, CICD empowers people in community, leaders, women, and people with disabilities and young people to actively engage to matters that affect their lives, leadership and development. CICD also advocates for implementation of national labour laws that enhance job security for vulnerable persons especially in the private sector, civil society organisations and informal sector. In addition, CICD-U engages people through human rights promotion, leadership development, civic education and engagements, democracy and accountability interventions focused on duty bearers and community structures aimed at building competences among citizens to demand for effective inclusive social accountability, service delivery and social action aimed at achieving social justice.

Sexual and Gender Based Violence (SGBV)

In order to protect the dignity of human beings, CICD-U recognizes need for holistic interventions that prevent Sexual and Gender Based Violence in the community. CICD SGBV prevention and Response Program is based on Community Based Interventions (CBI) which is a response that is working in or for a community. This approach encourages community participation and involvement in SGBV prevention and response, which moves towards community engagement where community members are involved in decision making, planning and programme

implementation, monitoring and evaluation. All elements of our GBV prevention, response, coordination and advocacy adhere to, **Community-Based Approach:** A community-based approach ensures that affected populations are actively engaged as partners in developing strategies related to their protection and the provision of humanitarian assistance. This approach involves direct consultations with men and women, girls, boys and other at-risk groups at all stages in the humanitarian response, to identify protection risks and solutions and build on existing community-based protection mechanisms. Our interventions focus on; Individual case management for psychosocial support to survivors Gender Based Violence (GBV); Face to face GBV counseling flowcharts targeting primary health worker to clarify management methods and referral pathways; Capacity building and training to front-line workers of Gender Based Violence (GBV) issues: village/voluntary health teams, local government community, Community members, religious leaders, cultural leaders; Protecting women and children dignity through raising awareness on GBV issues using community events and social media platforms; Development and dissemination of service information materials for GBV survivors to support help seeking for psychosocial care.

Women and Youth Economic Empowerment

Women and youth economic empowerment is essential to achieving gender equality and addressing the structural barriers that restrict women and youth socioeconomic opportunities. In Uganda, creating livelihoods opportunities for women and youth not only enables them to have an equal opportunity to participate at all levels of society, but also serves to protect women and youth from violence by eliminating economic vulnerability. In addition, women and youth are supported to develop knowledge and skills they need to thrive in competitive environment. This is done through vocational skills development, leadership participation and involvement. Community projects are initiated to empower and create spaces for women and youth to engage in productive and meaningful enterprises such as agriculture, business opportunities, savings and financial literacy education, local leadership and connection to sustainable markets and opportunities for their products.

Action Research

In order to promote evidenced-based programming and implementation of sustainable community interventions, CICD-U engage with the communities to bring about social change and to people's quality of life. Through this, CICD-U engages community members in collaborative, participatory and co-learning process which integrates investigation of people's needs, problems and informs desired action points. CICD conducts baseline surveys, case studies on contemporary social problems that affect people and design appropriate interventions based on findings revealed by participants in the communities.